



Snooze Blend

Gold medal winner and one of our best sellers! This delicious blend of botanicals will help send you into a deep sleep, so you can wake up refreshed and ready to seize the day!

best brewed at 100°C | caffeine free | hand blended in Tasmania

Organic Passionflower: one of the best tranquilising herbs for chronic insomnia and disturbed sleep patterns. It has no addictive effects and allows you to wake up refreshed and alert. With sedative and anti-spasmodic actions, passionflower may help relax muscular spasms and tension and calm anxiety.

Organic Chamomile: one of the most ancient medicinal herbs known to mankind, it can help to soothe the nervous system and relax tense muscles. With calming and sedative effects, it may also aid anxiety.

Organic Hibiscus: rich in beneficial flavonols, it may potentially relieve high blood pressure and depression, whilst imparting a delightful ruby red colour and a slightly tart taste, similar to cranberry.

Tasmanian Lavender: well known for its relaxing and calming effects, lavender is a natural sedative that can relieve insomnia and increase sleep regularity. May relieve headaches, migraines, stress and tension.

Organic Rose Petals: may help to restore the nervous system and aid depression and fatigue.