

Endometriosis Blend (Organic)

An organic herbal infusion designed for natural relief from the symptoms of endometriosis. May help to relieve bloating, anxiety and fatigue.

best brewed at 100°C | caffeine free | hand blended in Tasmania

Organic Motherwort: a mild sedative, can soothe cramps and pain during times of extreme discomfort in the uterus and other lower abdominal regions.

Organic Chaste Berry: may restore hormonal imbalances responsible for endometriosis related pain.

Organic Fenugreek: has been shown to decrease the severity and systemic symptoms of endometriosis.

Organic Rosehip: has been shown to significantly reduce the volume and weight of endometrial cysts.

Organic Rose Petals: may help relieve uterine contractions causing pain and heavy blood loss, as well as irregular menstrual cycles. Rose petals may also aid digestion and help relieve irritability and fatigue.

Organic Raspberry Leaf: may strengthen the uterus and pelvic muscles.

Organic Peppermint: may reduce the severity of pain from menstrual cramps.

Organic Chamomile: Chrysin, a compound found in chamomile, may slow the growth of endometrial cells.

Chamomile is also well known for calming body and mind.







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